



**JUST TRYAN IT**  
Supporting Families Fighting Childhood Cancer

# RACE MAPS

## Bethesda, MD

### MINI COURSE

SWIM: 25 yards  
BIKE: 0.6 mile  
RUN: 0.5 mile

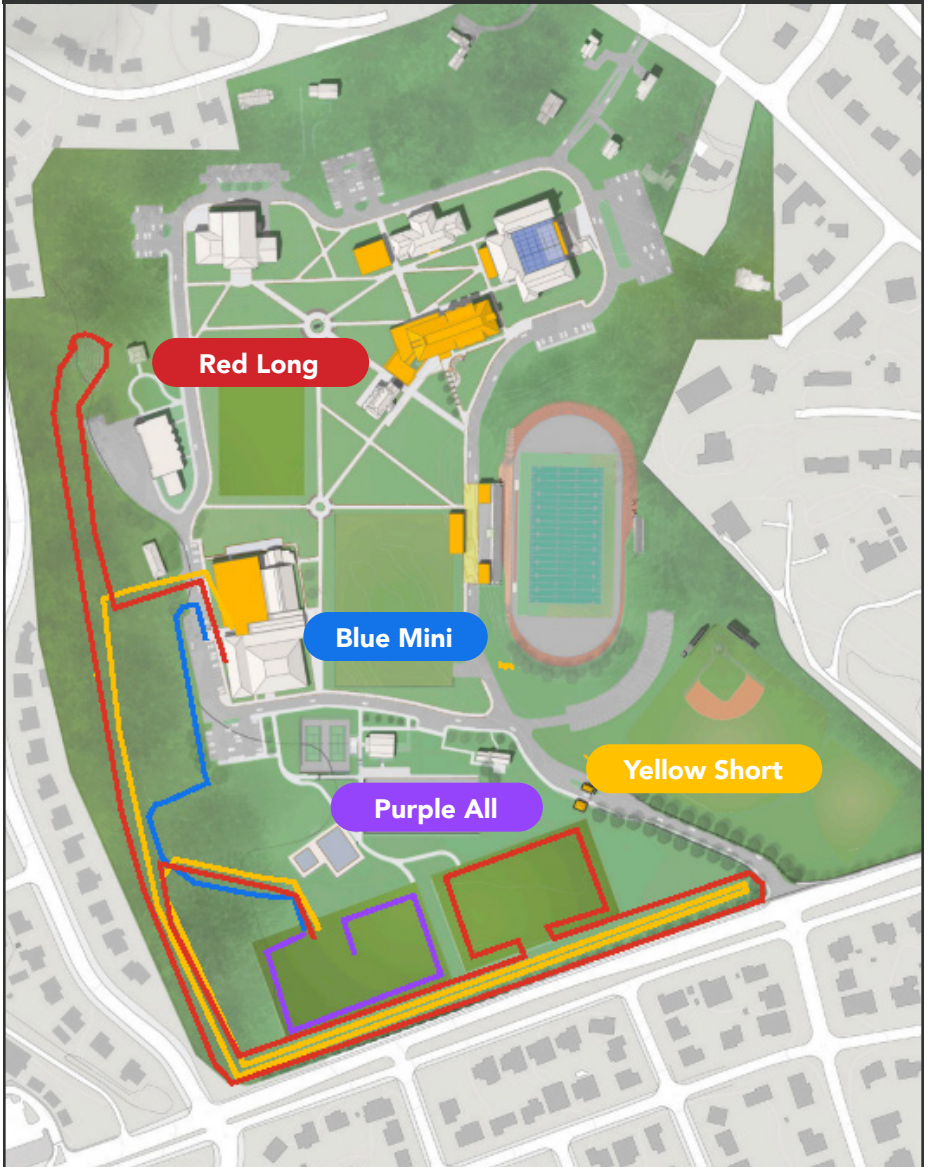
### SHORT COURSE

SWIM: 50 yards  
BIKE: 0.8 mile  
RUN: 1 mile

### LONG COURSE

SWIM: 100 yards  
BIKE: 1.6 mile  
RUN: 2 miles

## RUN COURSE



## MINI BIKE COURSE



## SHORT BIKE COURSE



## LONG BIKE COURSE

