JUST T**RYAN** IT
Supporting Families Fighting Childhood Cancer

Thank you for volunteering with JUST T**RYAN** IT. We could not produce this inspiring, impactful weekend without you!

Volunteer Schedule

Saturday, Sep 19, 2026

8:00 am - Set-up Begins

11:30 - Lunch for Set-up Crew

12:00-3:30 - Volunteer Check-in **(CHECK IN ON SATURDAY IF POSSIBLE)**

12:00 - 3:30 - Packet Pick-up

12:30, 1:30, 2:30 - Transition Demos (in transition area)

3:30-6:00 PM Set Up

Sunday, September 20 - Race Day

5:45 am - Volunteer Check-in Captains arrive

6:00 am - Race Captains meeting (in transition)

6:00 - Volunteer Check-in begins

6:30 am - All Volunteer Meeting - mandatory (all volunteers); volunteers meet with their Race Captains, and Transition and Racer Drop-off volunteers need to be at their posts right after this meeting.

7:00 - Campus opens to racers; Transition opens.

7:20 - Race Team photos (these are racer teams)

7:45 - Transition closes

8:00 - Opening Ceremony - all volunteers, racers, and families should attend

RACE BEGINS - 8:30 am - Mini, Long, Short

10:30-11:00 - Race completion/Clean up

Volunteer Check In

Saturday check-in is preferred, as there is limited check-in time available on Sunday before the race. Volunteers will receive a race volunteer shirt and lanyard that must be worn on Sunday. Please bring your phone and keep on your person during the race in case of emergency.

Please plan to arrive with enough time to park in the neighborhood, check in and be ready to work by the time required. We are excited for the race and we hope you are too!

Parking

Please park on the side streets and walk to the Landon campus. There is no parking at the school on race day. If you require special services or parking, please contact the race director immediately.

What to Wear

Every volunteer must wear the volunteer race t-shirt and lanyard handed out at check-in. Dress appropriately for the weather and don't forget your sunscreen and a water bottle.

Safety Procedures

Protocol for Minor Incidents:

Minor Incidents may include skinned knee, stubbed toe, fallen and shaken up from bike accident.

Volunteers should report any and all minor incidents to their Race Captain at the end of the race. Volunteers should record racer numbers and details on their index cards in their race bags or on their phones. The Race Captains should log all of these incidents with the First Aid Captain at the conclusion of the race.

Protocol for Serious Incidents:

Serious Incidents may include a broken bicycle, an upset racer unable to continue racing either for emotional or physical reasons.

Volunteers should report any and all serious incidents to their Race Captain, Race Director (Katie Holloran) and/or to the First Aid Captain **immediately**. They should record racer numbers and details on their index cards in their race bag or on their phones. The First Aid Captain will be engaged if necessary. All Serious Incidents should be logged with the First Aid Captain at the conclusion of the race.

Protocol for Major Incidents:

Major Incidents may include seriously hurt racers (broken bones, severe cut, head injury), accidents between racer and pedestrian or vehicle, life threatening situation.

Volunteers should call 911 immediately if in their best judgment, that is the necessary course of action. Always ensure that you are in a secure area - make sure you are safe. Immediately after hanging up with 911, volunteers should report any and all serious incidents to their Race Captain, Race Director (Katie Holloran) and to the First Aid Captain **immediately**. It may be important to solicit the help of other volunteers to aid in the communication while attending to the injured party. If the incident endangers the lives of other racers, the volunteer should stop the race from proceeding. The safety of the racers, volunteers, and spectators is most important. A complete report will be required at the conclusion of the incident / race.

In addition, when any incident or situation occurs that is of potential crisis, the closest JUST T**RYAN** IT Volunteer must take action immediately to ensure a safe environment for themselves and the racer. As quickly as possible, contact your Captain and First Aid Captain via text and phone call noting your Volunteer number (can be found on a colored flag in position). All volunteers will receive a lanyard with printed emergency instructions and important phone numbers.

Inclement Weather:
The safety of our athletes, volunteers, and spectators is our primary concern. In the event of inclement weather, the race will continue under the following circumstances:

- Lightning: The event will be postponed by 30 minutes. All racers and spectators will move to the Field House for shelter. If the lightning continues, the race will be canceled.

- Rain: The event will NOT be canceled due to rain alone. If it is determined that the bike portion of the race would be unsafe due to wet roads, then the race will be changed to a swim-run duathlon. Athletes will be informed of such a change via announcements on race day.

- Tornado warning: The race will be canceled in the event of a tornado warning.

Important FAQs to know:

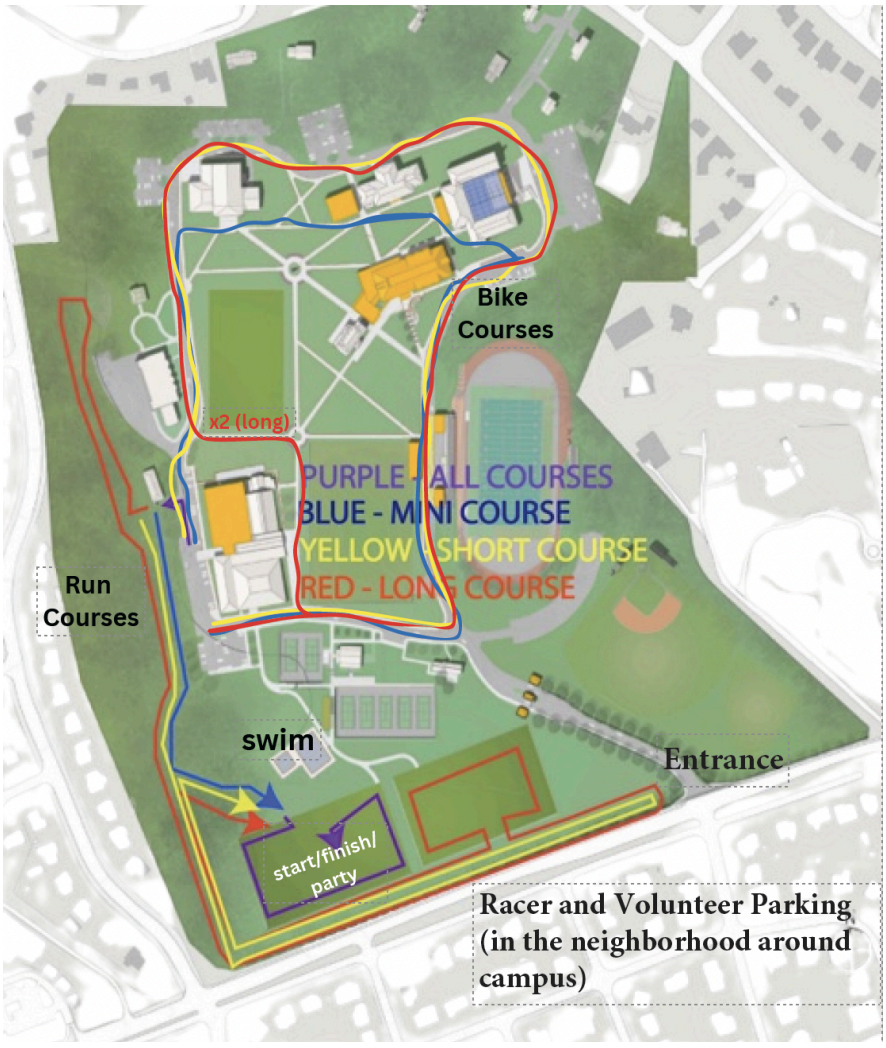
- **Only racers and volunteers** are allowed in transition and on race courses.

- No dogs allowed on campus.

- Transition is **closed** to all families until after the race (usually around 10:30am). If families need to leave earlier, they will need to leave their bikes on campus and come retrieve them later on Sunday (campus will be open for them).

Please reach out with any questions you have. You can email the Race Director, Katie Holloran, at katie.holloran@justtranit.org, call or text her at: 202-549-0797, or reach out to your Race Captain.

THANK YOU FOR MAKING RACE DAY **THE BEST DAY**!

Campus Map

The Landon School, 6101 Wilson, Bethesda, MD